

WEEKLY BULLETIN

Sterling Public Schools



Sept 24-Oct 1, 2016

Saturday

September 24

🏐 Freeman JH VB Tournament - Bus leaves @ 8:45AM

*schedule on back

Krispy Kreme donut pick-up for pre-orders from 7-9AM in front of HS
Sophomore GIRLS working 7-8AM - Sophomore BOYS working 8-9AM

Monday

September 26

DRESS LIKE A TEACHER DAY

Breakfast: Scrambled Eggs, WG Toast OR Cereal/WG Toast, Fruit/Juice, Milk

Lunch: BBQ Rib on WG Bun, FF and/or Swt. FF, Romaine Lettuce Salad, Applesauce

🏈 JH FB @ FCSH - 4PM - Van leaves @ 2PM

🏐 JV VB Triangular @ Lewiston @ 6:30/7:30 - Van leaves @ 5PM

FOOTBALL PRACTICE after school

Tuesday

September 27

SUPERHERO DAY

Breakfast: WG Pancake, Sausage OR Cereal/Sausage, Fruit/Juice, Milk

Lunch: Submarines, Green Beans, Gelatin, Pears

RSH - 2nd period

FOOTBALL PRACTICE after school

🏐 VB vs. Dorchester - HOME - 6PM (JV,V)

Wednesday

September 28

FAKE INJURY DAY

Breakfast: Cereal, WG Toast, Fruit/Juice, Milk

Lunch: Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Pineapple Tidbits

RSH - 1st period

Josten's Rep - Seniors (8:50AM) and Sophomores (10AM)

FOOTBALL PRACTICE after school

VOLLEYBALL PRACTICE after school

Thursday

September 29

HOBO DAY

Breakfast: Breakfast Bar OR Cereal/WG Muffin, Fruit/Juice, Milk

Lunch: Chicken Tetrazzini, Peas, WG Breadstick, Peaches

RSH - 8th period

3rd and 4th Grade Field Trip to Henry Doorly Zoo - gone during school hours

FOOTBALL PRACTICE after school

VOLLEYBALL PRACTICE after school

Friday

September 30

SCHOOL SPIRIT DAY

Breakfast: Oatmeal OR Cereal/WG Muffin, Fruit/Juice, Milk

Lunch: Mini Corn Dogs, Corn, Baked Beans, Mixed Fruit

VOLLEYBALL PRACTICE

🏈 FB vs. B-D-S - 7PM - **HOMECOMING Dance: Must be at the school BEFORE 10PM.**

Dance goes until 11:45PM. Freshmen need to clean up after dance.

Saturday

October 1

🏐 Big Cat Invite @ Conestoga-Murray - 9AM - Bus leaves @

*no schedule yet but will post on Facebook/website when received

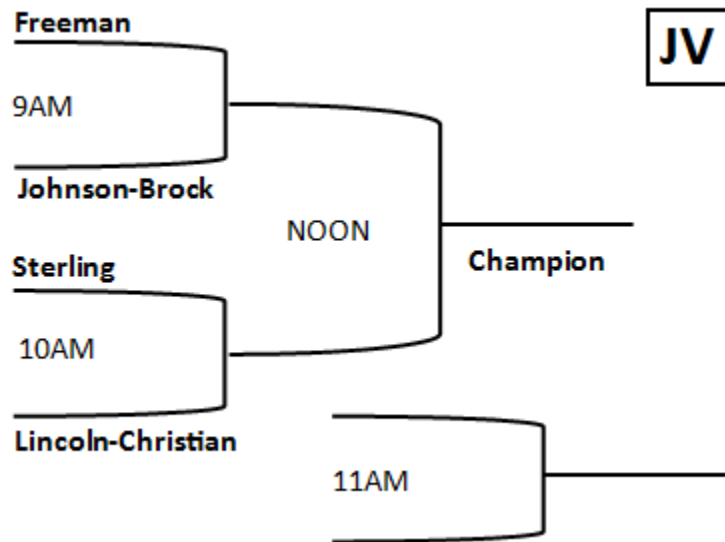
- ☞ Punt, Pass, & Kick Competition Sun, Sept 25 @ 6PM!!! Info on the school website.
- ☞ Stay up to date with all things JET related by going to the school website: www.sterlingjets.org, our Facebook page, and for sports scores, follow us on Twitter: [@spsjetpride!!!](https://twitter.com/spsjetpride)
- ☞ If you need anything added to the weekly bulletin, contact Renae Kinney - rkinney@sterlingpublicschools.com

JH Skills members your \$7.00 dues are due Oct 10. If you have not talked to Mr. Salberg about joining do so by Wed, Sept 28.

HS Skills members your \$14.50 dues are due Oct 10. If you have not talked to Mr. Salberg about joining do so by Wed Sept 28.

Freeman JH/JV VB Tournament

JV NORTH GYM



JH SOUTH GYM

